

From: Fidelity Stock Plan Services <fidelity.investments@mail.fidelity.com>
Sent: Thursday, March 24, 2022 7:58 PM
To: Ottman, Michele
Subject: Important: Trading Restrictions Information



Joe Sample

Your trading blackout has been lifted.

Sample Company has temporarily lifted your trading restrictions. Certain trades are permitted from market open May 14, 20XX, until market close May 30, 20XX.* After that time, your trading restrictions will resume.

Please note that changes in your employment status with your company may affect this restriction.**

For all your stock plan information, go to [Fidelity NetBenefits®](#) or call a Fidelity Stock Plan Services Representative at 800-544-9354.

QUICK LINKS:

[How to Trade](#)
[Stock Plan Resource Center](#)

Your company has requested that Fidelity Stock Plan Services, LLC, send this important information to you.

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Investing involves risk, including risk of loss.

*Depending on how your plan is configured, you may be subject to more than one blackout period at a time. Dates are subject to change.

**Check your plan documents or with your benefits office for the details of your plan.

Sample Company and Fidelity Investments are not affiliated.

Fidelity Stock Plan Services, LLC, provides recordkeeping and/or administrative services to your company's equity compensation plan, in addition to any services provided directly to the plan by your company or its service providers.

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